

## Client Information

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ DOB \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 E-Mail \_\_\_\_\_  
 Referred By \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Occupation \_\_\_\_\_  Male  Female  
 In Case of Emergency \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you ever experienced professional massage or bodywork?  Yes  No How recently? \_\_\_\_\_

What are your massage/bodywork goals? \_\_\_\_\_

What kind of pressure do you prefer?  Light  Medium  Firm

Are you currently receiving Chiropractic care?  Yes  No

*If you answer "Yes" to any of the following questions, please explain as clearly as possible*

- |   |   |
|---|---|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you frequently suffer from stress?          | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have tension or soreness in a specific area?<br>Please specify _____    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have diabetes?                          | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you experience frequent headaches?          | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have cardiac or circulatory problems?                                   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you pregnant?                              | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have numbness or stabbing pains?<br>Please specify _____                |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from arthritis?                  | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you currently have cancer?                  | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you sensitive to touch or pressure in any area?<br>Please specify _____    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a cancer history?                  | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have high blood pressure?               | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you currently recovering from a surgery?<br>Please specify _____           |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from epilepsy or seizures?       | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from joint swelling?             | <input type="checkbox"/> Yes <input type="checkbox"/> No Are there any other medical conditions the practitioner<br>should be aware of? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have varicose veins?                    | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you taking any medications?<br>Please specify _____                        |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any contagious diseases?           | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have osteoporosis?                      | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have allergies?<br>Please specify _____ | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you bruise easily?                          | _____   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Any recent injuries?                           | _____   |

Additional Comments \_\_\_\_\_

I understand that the massage/bodywork I receive is provided for the purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

**Consent to Treatment of Minor:** By my signature below, I hereby authorize \_\_\_\_\_ to administer massage/bodywork techniques to my child or dependent as they deem necessary.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_